

# SAGES VIDEO PREPARATION

## 1. QUALITY:

- Video submissions must be of good quality and submitted in final form.

## 2. FORMATTING:

- All Videos **MUST** be submitted digitally in accordance with the Digital Guidelines below.
- No 3D videos will be accepted

### ACCEPTABLE FORMATS: (PLAYABLE ON WINDOWS PC)

- MPEG
- Quicktime
- MP4
- H.264
- AVI

### ACCEPTABLE FRAME SIZE:

- No smaller than 640 x 480

### ACCEPTABLE FILE SIZE:

- **MUST** be less than 1 GB

## 3. RUN TIME:

- Maximum running time is seven (7) minutes. You must submit a video no longer than 7 minutes.

## 4. NARRATION:

- Videos must have narration in English. Without narration, it will not be considered.

## 5. MORE IMPORTANT RULES:

- Videos may not include advertisement or promotion of products. Commercial support may be noted as a credit at the end of the video.
- The designated presenter of the video selected must register for the meeting and attend for presentation and discussion.
- Please **DO NOT** include any music in your video and **DO NOT** include video clips or other materials/media copyrighted by any entity other than yourself. For example, please do not include classical music from a CD in your collection.
- **No 3D videos will be accepted**

6. **SUBMISSION:**

- Video Abstract Summaries must be submitted online at <http://www.militarysurgeons.org/military-surgical-symposium-call-for-abstracts>.
- Videos can be uploaded during the Final Review stage of the Abstract Submission by clicking on the link entitled “**Click here if you would like to include a video for this abstract**”


**Abstract Submission and Management**


» [Main Menu](#) | [New Abstract](#) User ID: [testuser](#) | [logout](#)

**Abstract Submission: Final Review**

TEST ABSTRACT [Test User MD](#), SAGES

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Etiam congue, massa sit amet eleifend feugiat, mauris eros pellentesque diam, eu iaculis quam felis nec ligula. Ut risus sapien, lacinia et faucibus sed, feugiat at velit. In sed tortor nibh. Phasellus aliquet venenatis ipsum sit amet vulputate. Pellentesque id suscipit arcu. Etiam auctor fermentum urna ac rutrum. Aenean rutrum nunc non ante ullamcorper, a tristique ipsum pharetra. Mauris ultrices tortor ut volutpat vestibulum. Nam fermentum lacus vel sapien tincidunt ornare ac ut metus. Praesent tincidunt elit ligula, sed tempor augue porta ac. Sed et molestie ipsum. Sed luctus lacus sed erat aliquam mattis. Ut vel quam rutrum, semper lectus a, tincidunt eros. Proin iaculis fermentum tincidunt. Vestibulum a vestibulum dui. Donec sed mi vulputate sapien mollis auctor.

 [Click here if you would like to include a video for this abstract](#)

**Terms and Conditions**

I certify that the information on these forms is correct and that this abstract is original work.

I certify that I have explicit approval and authority from any co-

I agree to the terms and conditions listed above

[« Back](#) [Submit](#)

7. **DEADLINE:**

- Video summaries must be submitted by **FRIDAY, SEPTEMBER 25, 2020, 5:00 PM PDT**.

**PLEASE NOTE:**

- Any submissions not meeting these requirements will not be considered for presentation.
- Upon successful completion of the online summary you will receive a confirmation email. Please print that message for your record.

**CHECKLIST FOR VIDEO SUBMISSION**

Videos not in correct format will not be considered for presentation. **SAGES is not accepting 3D videos.** Before uploading, please check your video submission for the following:

- Video is in the correct digital format as stated above
- Video run time does not exceed seven (7) minutes
- Video is narrated in English
- Video does not contain any copyrighted materials