# SAGES VIDEO PREPARATION

### 1. QUALITY:

Video submissions must be of good quality and submitted in final form.

#### 2. FORMATTING:

- All Videos MUST be submitted digitally in accordance with the Digital Guidelines below.
- No 3D videos will be accepted

### ACCEPTABLE FORMATS: (PLAYABLE ON WINDOWS PC)

- MPEG
- Quicktime
- MP4
- H.264
- AVI

#### **ACCEPTABLE FRAME SIZE:**

No smaller than 640 x 480

#### **ACCEPTABLE FILE SIZE:**

MUST be less than 1 GB

#### 3. RUN TIME:

 Maximum running time is seven (7) minutes. You must submit a video no longer than 7 minutes.

#### 4. NARRATION:

Videos must have narration in English. Without narration, it will not be considered.

# 5. MORE IMPORTANT RULES:

- Videos may not include advertisement or promotion of products. Commercial support may be noted as a credit at the end of the video.
- The designated presenter of the video selected must register for the meeting and attend for presentation and discussion.
- Please <u>DO NOT</u> include any music and <u>DO NOT</u> include video clips or other materials/media copyrighted by any entity other than yourself. For example, please do not include classical music from a CD in your collection.
- Videos and Images should not reveal any patient data on charts or images or faces. They should be blurred or cropped as applicable.
- HIPPA Compliance requires that all patient info is covered via shapes. Please take care to cover patients' names in X-Ray /MRI /ultrasound slides and photos of patient faces.
- No 3D videos will be accepted
- SAGES may post accepted videos on the SAGES website, and reserves the right to remove the videos from the website at any time at SAGES discretion

#### 6. SUBMISSION:

- Video Abstract Summaries must be submitted online at https://www.militarysurgeons.org/military-surgical-symposium-call-for-abstracts.
- Videos can be uploaded during the Final Review stage of the Abstract Submission by clicking on the link entitled "Click here if you would like to include a video for this abstract"



### 7. DEADLINE:

Video summaries must be submitted by FRIDAY, SEPTEMBER 19, 2025, 5:00 PM PDT.

## PLEASE NOTE:

- Any submissions not meeting these requirements will not be considered for presentation.
- Upon successful completion of the online summary you will receive a confirmation email. Please print that message for your record.

# **CHECKLIST FOR VIDEO SUBMISSION**

Videos not in correct format will not be considered for presentation. <b>SAGES is not accepting 3D videos</b> . Before uploading, please check your video submission for the following:	
	Video is in the correct digital format as stated above
	Video run time does not exceed seven (7) minutes
	Video is narrated in English
	Video does not contain any copyrighted materials
	Video and Images do not reveal any patient data on charts or images or faces. All patient info (patients' names in X-Ray /MRI /ultrasound slides and photos of patient faces) is covered via shapes.